

Northeastern Catholic District School Board Learn At Home Activities Intermediate Students (Grades 7 & 8)

Art

Use a ruler or flat edge to make lines to fill an entire page in no particular order. In the end you should be left with a variety of shapes to colour. Use shading to add emphasis as desired.

Google a famous tower to recreate using recycled materials. Challenge a friend or family member to do the same. Have a third party vote on who has the best design.

Go for a walk in a wooded area and collect pine needles, pine cones, bark, leaves, stones and other materials. Find a flat surface and carefully place the items to make a picture.

Catholic Faith

Take a look at the painting of Jesus washing Peter's feet by Ford Madox Brown. https://www.tate.org.uk/art/artworks/brown-jesus-washing-peters-feet-n01394

Look at the art. What do you see? What is happening? Write and discuss your answers with a family member.

Make an outline of your two feet and write the following message on each foot.

To be like Jesus, you have to serve others.

Physical Education

Follow the link to view an internet safety video: https://www.youtube.com/watch?v=yrln8nyVBLU

High-jump: Wrap a piece of tape around the tip of your middle finger (sticky side out). Jump up and give a light high-five to an outside wall. The piece of tape should stick. Measure your "vertical".

Music and Move: Choose 3 exercises. Choose a lyric from a song. Play the song and every time you hear the lyric, do one of your exercises (alternating them each time).

Week of June 1 to 5, 2020